

Aikido Yoshokai of Minnesota Schedule of Classes

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	Beginner / Mid-level <i>7:00 – 8:00 pm</i> Advanced <i>8:10 – 9:00 pm</i>		Beginner / Mid-level <i>7:00 – 8:00 pm</i> Advanced <i>8:10 – 9:00 pm</i>	Kyu Test Techniques (all levels) <i>7:00 – 8:00 pm</i>	Youth <i>11:00 – 11:45 am</i> Beginner / Mid-level <i>12:30 – 1:30 pm</i> Advanced <i>1:40 – 2:30 pm</i>	

Beginner/Mid-level Class

For students age 15 and older. Come learn the basics of Aikido or continue your study of Aikido. Classes are geared towards beginners through 5th kyu students.

Kyu Test Technique Class (Beginner / Mid-level / Advanced)

A time for students age 15 and older to work on kyu test techniques at all levels.

Advanced Class

Advanced classes offer students a chance to learn Aikido at a deeper level. This class is geared towards students at 5th kyu level and above. Instructor permission required.

Youth Classes

For students age 7 – 14 years old. Youth classes cover the same basic movements, rolls, and many of the same hand and weapon techniques as in the adult classes, but at a level appropriate for younger students. As with the adult classes, youth students learn to practice harmony and cooperation through Aikido techniques.

Register online at www.aikidomn.org

Updated May 23, 2018. For most updated version of the schedule, visit www.aikidomn.org
